

Home Mold Testing

Since mold is unavoidably everywhere, and sensitivity to it can mimic nearly any symptom, you need to know what is in your environment. As devastating and perplexing as mold symptoms can be, they are completely curable, but only if you have identified it as a possible cause. You need to know if you have too much and what types are present. Do you have these molds in your allergy injections? Is it a mold that grows in the lungs, sinuses, and brain (like Aspergillus)? Is your air purifier adequate for your needs? By exposing special petri dishes (or mold plates) in your bedroom, family room, and office, you have effectively assessed your 24 hour mold environment.

Each plate comes with directions for exposure and a return mailer. In 4-6 weeks after the slow-growing fungi have appeared for identification, the report will be mailed to you detailing the specific molds and how many colonies are present. We purposely take as long as we need, since we wait for the last molds to grow out before completing the report. We do not want to neglect the "slow growing" molds as other labs do, often sending reports back within days of receiving the plates. You will need to order one plate for each room you want to assess at home or work. It's really helpful to assess "nasty" sources too, like the basement.

Mold allergy can mimic nearly any symptom. If you do not know how moldy your environment is, you may erroneously be attributing symptoms to chemical or food sensitivities or some "incurable" or mysterious problem with no known cause. Some of the more common mold symptoms include chronic sinusitis, chronic fatigue, migraines, recurrent sore throats, ear aches, bronchitis, asthma, fibromyalgia, seizures, depression, colitis, and more. Excessive mold exposure can also cause toxicity in the body, resulting in low hormonal function, low metabolism, impairment of brain function, or organ damage. It is always best to meet the enemy head on in order to identify the cause of the problem and solve it once and for all.

For mold identification in your home, contact: Environmental Laboratory Services, 7280 Caswell Street, North Syracuse, New York, 13212. Their telephone number is (315) 458-8033, or toll-free at (800) 262-1012.